

Dr. Sushil Mittal



Dr. Sushil Mittal is a Senior Consultant Orthodontist (Braces Specialist) since last 13 years. He is one of the **first Qualified Orthodontist** in Sonipat. Presently, he also holds the position of Professor & Head, Department of Orthodontics, Kalka Dental College, Meerut. He is also Visiting Specialist Orthodontist in Directorate of Private Health, Muscat, and Sultanate of Oman since last 10 years. He maintains Visiting Orthodontic practice in various clinics in Sonipat, Delhi, Panipat, Rohtak and Mahendragarh since last 13 years. Previously he worked as Consultant Orthodontist at PGIMS, Rohtak and as Professor in the Department of Orthodontics, PDM Dental College & Research Institute, Bahadurgarh, Haryana.

EDUCATIONAL QUALIFICATIONS:

B.D.S	D.A.V (C) Dental College, Yamuna Nagar, Haryana. Kurukshetra University. (June 1999)
M.D.S.	ORTHODONTICS Govt. Dental College, Trivandrum, Kerala. University of Kerala. (Dec. 2003)
MOrth RCSEd	Diploma of Membership in Orthodontics, Royal College of Surgeons Edinburgh, Scotland, U.K. (August 2004)
FDS RCSEd	Fellowship in Dental Surgery, Royal College of Surgeons Edinburgh, Scotland, U.K. (April 2103)
D.I.B.O (PART I)	Diplomat of the Indian Board of Orthodontics, 2001

PGDHA	Post graduate Diploma in Hospital Administration, Apollo Hospitals, Medvarsity (2008)
	Certificate course in Hospital Quality Management Apollo Hospitals, Medvarsity (2008)

AREAS OF PRACTICE IN ORTHODONTICS:

- Fixed Orthodontics (Pre adjusted edgewise, Refined Begg's)
- Clear Aligners
- Removable Orthodontics
- Functional appliances (Myofunctional, Fixed Functional)
- Surgical Orthodontics
- Cleft palate Orthodontics
- Adult Orthodontics
- Multidisciplinary Orthodontics (Orthoperio, Orthoprosth, Orthorestorative)
- Skeletal Anchorage System
- Lingual Orthodontics

FELLOWSHIPS:

- FPFA:** Fellow Pierre Fauchard Academy, USA
- FAGE:** Fellow Academy of General Education, Manipal

MEMBERSHIP IN PROFESSIONAL BODIES:

1. Life member - Indian Orthodontic Society
2. Associate Member - Royal College of Surgeons of Edinburgh, U.K
3. Member - Indian Dental Association

MEMBER REVIEW COMMITTEE:

1. The Angle Orthodontist (International Pubmed indexed journal)

2. The European Journal of Orthodontics (International Pubmed indexed journal)
3. Journal of Orthodontics (International Pubmed indexed journal)
4. Dental press journal of Orthodontics(International Pubmed indexed journal)
5. Saudi Medical Journal (International Pubmed indexed journal)
6. Journal of clinical and Diagnostic Research (International Pubmed indexed journal)
7. Journal of Clinical Medicine and Research (International journal)
8. Journal of Dentistry, Medicine and Medical Sciences (International journal)
9. Webmed Central (Scholarly Reviewer)

INSPECTOR:

Dental Council of India

ACADEMIC DISTINCTIONS:

1. Second Rank in All India Post Graduate Entrance Examination, 2000.
2. First Class in all BDS Academic years.
3. First Rank in Human Anatomy in First year BDS, 1995
4. Second Rank in General Surgery Third year BDS, 1997
5. First Rank in Oral surgery in Final year BDS, 1998

PUBLICATIONS:

1. **Kumar S**, Singla A, Sharma R, Viridi M, Anupam A, Mittal B. Skeletal maturation evaluation using mandibular second molar calcification stages. The Angle Orthodontist, 2012;82(3):501–506
2. **Kumar S**, Roy AS, Chandna AK, Garg A, Chaudhary UK. Crossbite: an orthodontic exigency. Journal of Clinical and Diagnostic Research 2016 ZJ09-ZJ10
3. Sharma R, **Kumar S**, Singla A. Prevalence of tooth size discrepancy among North Indian orthodontic patients. Contemp Clin Dent 2011; 2:170-175.
4. Walia PS , **Kumar S**, Singla A, Grover V. Management of unilaterally impacted multiple posterior teeth: a case report Aust Orthod J 2013; 29: 209-216

5. Sharma R, **Kumar S**, Singla A, Kumar D, Chowdhary S. Knowledge, attitude and practices of pediatricians regarding malocclusion in Haryana, India. *J Indian Assoc Public Health Dent* 2016;14:197-201
6. Garg A, **Kumar S**, Reddy M, Jaggi N, Singhal A, Hamid SB, Singha A. Effect of premolar extraction on Bolton overall ratio in north Indian population. *Int J Med Res Rev* 2016;4(11):1928-1934.doi:10.17511/ijmrr. 2016.i11.03.
7. Sharma R, **Kumar S**, Singla A. Root resorption after orthodontic treatment. *Journal of Advance Researches in Biological Sciences*, 2011; 3(2): 63-68.
8. **Mittal SK**, Sharma R, Singla A. Piezocision Assisted Orthodontics: A new approach to accelerated orthodontic tooth movement. *Journal of Innovative Dentistry*, 2011; 1(1): 50-53.
9. **Mittal S K**, Sharma R, Singla A, Grover V. Orthodontic–Surgical Correction of Class III Malocclusion with Bilateral Maxillary Impacted Canines *Journal of Innovative Dentistry*, 2011; 1(2): 17-20.
10. Sharma R, **Mittal SK**, Singla A, Grover V. Effect of Orthodontic Treatment on Nutrient Intake – A Clinical Study. *Journal of Innovative Dentistry*, 2011; 1(2): 3-7
11. Walia PS, **Mittal SK**, Grover V, Singla A. Impacted Mandibular First Molar-A rare Case Report *Journal of Innovative Dentistry*, 2012; 2(3): 9-11
12. Sharma R., **Mittal SK**, Singla A, Grover V. The Role of implants in orthodontics. *Journal of Innovative Dentistry*, 2011; 1(3): 33-38
13. Grover V, Sharma R, **Mittal SK**, Singla A, Grover S. Forsus- Fatigue resistant device- A skeletal Class II corrector *Journal of Innovative Dentistry*, 2012; 2(1): 31-35
14. Sharma R., Singla A., **Mittal S**. A Cephalometric proportionate template for the Indian population. *Journal of Innovative Dentistry*, 2011; 1(1): 7-11.
15. Grover V, Sharma R, **Mittal SK**, Singla A. Maxillary down fracture and advancement – Orthognathic procedure for skeletal class III. *Journal of Innovative Dentistry*, 2011; 1(2): 21-24.
16. Kaur R, Walia PS, **Mittal S**, Rohilla A, Chugh A, Oral health related Quality of life (OHRQoL): Keeping the patient’s need first *Journal of Innovative Dentistry*, 2013; 3(2): 22-24.
17. **Mittal S**, Sharma R Restoration of fractured teeth: Extrusion Simplified. *The Indian Journal of Dental Education* 2010; 3:(4)181-2.

18. Bala S, Duhan J, Ghalaut P, Narwal A, **Mittal S**. Multidisciplinary treatment approach for rehabilitation for a patient with subgingivally fractured incisors. International Journal of Dental Clinics 2012; 4(1): 65-66
19. **S. Mittal**, A. Singla, M. Viridi, R. Sharma & B. Mittal: Co-Relation between Determination of Skeletal Maturation Using Cervical Vertebrae and Dental Calcification Stages. The Internet Journal of Forensic Science. 2011 Volume 4 Number 2
20. **Kumar S**, Kumar KJ: Comparative Ex-Vivo Evaluation of the Frictional and Debonding Characteristics of Composite (Metal Inserted Plastic) Brackets. The Internet Journal of Dental Science. 2009 Volume 7 Number 2
21. Sharma R, **Mittal S**, Singla A, Viridi M. Nutritional Guidelines for Orthodontic Patients. The Internet Journal of Nutrition and Wellness. 2011 Volume 10 Number 2
22. Viridi MS, Kaur M, **Mittal S**. Pediatricians Take On Oral Health Care Of Children. The Internet Journal of Pediatrics and Neonatology. 2011 Volume 13 Number 1
23. Rai B, Kaur J, Anand SC, Jain R, Sharma S, **Mittal S**. Accuracy of the Demirjian Method for the Haryana Population. The Internet Journal of Dental Science. 2008 Volume 6 Number 1

NATIONAL WORKSHOP FACULTY:

1. IOS National Integrated Typhodont Workshop (Ios Nitw-2015, Idst Modinagar, 28th - 30th August 2015

PAPERS PRESENTED AT CONFERENCES /CDE :

2. Management of Mixed Dentition (Preventive Orthodontic Procedures) –IDA Colgate CDE programme, Sonipat, 29th August, 2010.
3. Super Slick TiesTM – Coated low friction Elastomeric Ligatures: An evaluation- Paper read at the 37th Indian Orthodontic Conference, Lucknow, 2002
4. Comparative ex-vivo evaluation of the luting characteristics of a dual cured orthodontic luting cement (Band-lokTM) - Paper read at the Asian and 36th Indian Orthodontic Conference, Cochin, 2001.

COURSES, CONFERENCES & CDE ATTENDED:

COURSE:

1. Clearpath Certification Course. New Delhi 8th Jan 2012
2. Damon Self ligating bracket system Certificate course. New Delhi, 3rd Sept. 2010
3. Comprehensive course on Lingual Orthodontics, Chennai, 29-31 May 2009

CONFERENCES & Symposium:

1. International symposium on Management of complex malocclusion and canted occlusal plane, AIIMS, New Delhi November 1, 2016
2. Dental Synergy- 2016, New Delhi, September 17-18, 2016
3. 1st Indian lingual Orthodontic Convention, New Delhi, August 29-September 03, 2013
4. 44th Indian Orthodontic Conference, New Delhi, November 5-8, 2009
5. 43rd Indian Orthodontic Conference, Mumbai, December 19-21, 2008
6. Indo-U.K Clinical day, Kerala Orthodontic Study Group & Royal College of Surgeons, Edinburgh, Scotland, U.K. August 01, 2004
7. 7th IOS Postgraduate Student Convention, KLES' Institute of dental sciences Belgaum, January 24-26, 2003
8. Kerala Orthodontic Study Group Convention, Kollam, December 1, 2002
9. 37th Indian Orthodontic Conference, Lucknow, November 15-17, 2002
10. Indo-U.K Clinical day, Kerala Orthodontic Study Group, Indian Orthodontic Society, August 11, 2002.
11. 6th IOS Postgraduate Student Convention, Mysore, January 24-26, 2002
12. Asian and 36th Indian Orthodontic Conference, Cochin, September 22- 25, 2001.
13. 5th IOS Postgraduate Student Convention, Saveetha Dental College & hospitals Chennai, January 26-29, 2001
14. International Orthodontic Congress & 35th Indian Orthodontic Conference, Jaipur, November 16-19, 2000.
15. 4th IOS Postgraduate Student Convention, Technopark, Trivandrum, July 2-4, 2000
16. 4th Kerala Orthodontic Study Group Meeting, Technopark, Trivandrum, July 2, 2000
17. Interstate Dental Congress & New Delhi Dental Show' 1998

18. Workshop on Oral Cancer and Pre-cancer, IDA Yamunanagar, October 24, 1997.

CDE:

1. CDE Program: Redefining treatment goals in Dentistry (Focus: Orthodontics, Periodontics & Endodontics), AIIMS, New Delhi, April 4, 2011
2. CDE Program: Cleft lip & Palate Anatomy- The Orthodontic Perspective, SGT Dental College & hospital, Budhera, Gurgaon October 15, 2010
3. Special Lecture by Dr. (Prof.) Nigel M King, (BDS, (Lond) PhD, (Hong Kong) LDS RCS (Eng.), FCDSKH (Pediatric Dentistry), From Prince Philip Dental Hospital, University of Hong Kong on "Special Needs of Physically and Mentally Challenged Dental Patients", PDM Dental College & Research Institute, Bahadurgarh (Haryana) November 11, 2009.
4. Special Guest Lecture on 'Contemporary Caries Prevention' by Dr. Ana Karina Mascarenhas, Professor, Director, Division of Dental Public Health, Boston University, Goldman School of Dental Medicine, Department of Health Policy & Health Services Research Medical Campus, Boston, Massachusetts, PDM Dental College & Research Institute, Bahadurgarh (Haryana) January 7, 2009.